Guidance Lesson Plan

School Counselor: Kim Grider Presenter: Kim Grider

Lesson: Bullying

District Components: Culture/Climate, Equity Diversity & Backpack

Date: February 4-8, 2019

Grades: Pre Primary and Primary

ASCA Mindsets & Behaviors (Domain/Standard):

**M 1.** Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being

**M 2.** Self-confidence in ability to succeed

**M 3.** Sense of belonging in the school environment

Learning Objective(s) (aligns with competency):

Learning Strategies

**B-LS 1.** Demonstrate critical-thinking skills to make informed decisions

**B-LS 2.** Demonstrate creativity

**B-SS 4.** Demonstrate empathy

**B-SMS 7.** Demonstrate effective coping skills when faced with a problem

**B-SMS 9.** Demonstrate personal safety skills

Materials: Book, One by Katherine Otoshi, wooden color and number characters, words from the book—enough character and words for all students

Procedure: read One, read the book again allowing students to use the props and act out the book as I read it back. In between reading, ask questions about being bullied, how it feels to be the bullying and to be bullied

Process Data:

Service provided: students 3 through 10 years received a 30 minute guidance lesson on the diversity, respect, and how to deal with being treated unfairly.

Perception Data:

What do you want me to believe that I didn't believe before? people can stand up for themselves, people can help stand up for one another

What do you want me to know that I didn't know before? respect for all people, say no to being treated unfairly,

What do you want me to demonstrate that I didn't demonstrate before? compassion/respect for people and standing up for others

Follow Up Data: parent newsletter to review with students, pictures and newletter on Classroom Dojo