Guidance Lesson Plan

School Counselor: Kim Grider Presenter: Kim Grider

Lesson: Medication/Drugs/Poisons

District Components: Culture/Climate, Equity Diversity & Backpack

Date: October 29th to November 2nd

Grades: Pre Primary and Primary

ASCA Mindsets & Behaviors (Domain/Standard):

Academic

A:A2. 3 Use communication skills to know when and how to ask for help when needed

A:A3.2 Demonstrate the ailibty to work independently, as well as the ability to work cooperatively with other students

A:B1.7 Become a self-directed and independent learner

Personal/Social

PS:B1.1 Use a decision making and problem solving model

PS:B1.5 Demonstrate when, where and how to seek help for problem solving

PS:C1.2 Learn about the relationships of rules, laws and safety

Materials: Book, Sarah’s Sick Day by Erraina Winnett, shadow box of medication vs candy, items for each student to report whether it is safe or unsafe

Procedure: 1) read Sarah’s Sick Day by Erraina Winnett and discuss the choices Sarah made in the story. 2) Candy vs Medication—each teacher will take the quiz and compete against her/his class to label whether it is candy or medication 3) I will place behind each student an item. One by one students will recognize if they are safe or unsafe and tell why.

Perception Data:

What do you want me to believe that I didn't believe before? Medications can be good and bad, an adult must be present

What do you want me to know that I didn't know before? Always ask an adult

What do you want me to demonstrate that I didn't demonstrate before? That if I am ill or need help, I should go to an adult.

Follow Up Data: parent newsletter to review with students, pictures and newletter on Classroom Dojo