Guidance Lesson Plan

School Counselor: Kim Grider Presenter: Kim Grider

Lesson: The Skin I’m In

District Components: Culture/Climate, Equity Diversity & Backpack

Date: September 17-24, 2018

Grades: Pre Primary and Primary

ASCA Mindsets & Behaviors (Domain/Standard):

M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being

M 3. Sense of belonging in the school environment

Learning Objective(s) (aligns with competency):

Learning Strategies

* PS:A1 Acquire Self-knowledgeB-LS 3. Use time-management, organizational and study skills
* PS:A2 Acquire Interpersonal SkillsB-LS 6. Set high standards of quality
* A:C1 Relate School to Life Experiences

Materials: Book, Skin Again by Belle Hooks, costume disguise, brown and white eggs, color coded m & ms, pre & post test, wipe off board

Procedure: read Skin Again, 3 experiments using a hypothesis/prediction 1)brown/white egg—what’s on the inside 2. Compare and contrast 2 gifts on the outside pretty big one with a rock and a junky wrinkled one with a diamond ring 3)variety of m & m colors—what’s on the inside Examine what’s on the inside before making a judgement on what a person is like

Process Data:

Service provided: students 3 through 10 years received a 30 minute guidance lesson on the diversity, respect, our past present and future story determine who we are.

Perception Data:

What do you want me to believe that I didn't believe before? people are more alike than different

What do you want me to know that I didn't know before? respect for all people, what is on the inside is more important that what is on the outside.

What do you want me to demonstrate that I didn't demonstrate before? compassion/respect for people of all ages and nationalities

Follow Up Data: parent newsletter to review with students, pictures and newletter on Classroom Dojo